

P R O C L A M A T I O N
MENTAL HEALTH MONTH
MAY 2022

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, there is a strong body of research that supports specific tools that all Americans can use to better handle challenges, and protect their health and well-being; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, with early and effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE, I, Vicki Scaman, President of the Village of Oak Park and Board of Trustees, do hereby proclaim May 2022 as Mental Health Month in Oak Park, Illinois. As the Village President of Oak Park, I also call upon all Oak Park citizens, government agencies, public and private institutions, businesses and schools in Oak Park to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illness.

DATED this 16th day of May 2022.

Vicki Scaman, Village President

ATTEST

Christina M. Waters, Village Clerk