



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MEETING OUR COMMUNITIES NEEDS THROUGH HEALTH EQUITY

Village of Oak Park Board Meeting

West Cook YMCA

Phillip Jiménez

President & CEO

April 24th 2023



THE PROJECT VISION

1. Increase health equity and improve the health outcomes, quality of life, and overall well-being of the village of oak park residents
2. Provide three health interventions
 - Diabetes prevention
 - Hypertension - blood pressure self-monitoring
 - YMCA weight loss programs
3. Launch a health digital platform
 - Participant recruit and program enrollment
 - Facilitate referral networks
 - Provide secure access to data outcomes for key stakeholders
4. Collaborate with various community partners to ensure project success

HOW WE ARRIVED AT THIS MOMENT

1. IPLAN ASSESSMENT AND ARPA FUNDING GOALS

2. DATA

- Community health status assessment
- Health provider community needs assessments
- Oak park river forest community voices report
- YMCA insight report on community needs

3. REACH OUT TO VILLAGE WITH THE IDEA AND BEGAN TO DEVELOP A COALITION

COLLABORATION AND EQUITY

1. The west cook YMCA and village staff met on February 22nd
2. We confirmed that there are many opportunities for collaboration with dr. Chapple-Mcgruder's team and the health department
3. We confirmed there are no concerns related to duplication of efforts
4. We outlined opportunities for how we can ensure DEI outcomes are designed into the participant recruitment, staff hiring, program data, and program implementation to drive greater health equity

STEPS TO ENSURE SUSTAINABILITY

- 1. One of the main objectives of the project is to begin working from day one on sustaining the project beyond ARPA funding**
- 2. Strategies to achieve long-term sustainability**
 - Health foundations
 - Healthcare incentive and cost savings
 - Reimbursements through Medicare and Medicaid

PRE-FUNDING ACTIONS TAKEN TO DATE

1. Have begun discussions with key departments within the village of oak park
2. Taking steps to coordinate all training and certification sessions will take place to meeting launch of program.
3. Discussions with referral partner rush oak park hospital and loyola medicine are currently taking place
4. We are determining geographically ideal sites for program delivery locations in the three Village of Oak Park zip codes.
5. Developing process maps and timelines related to becoming fully certified for both Medicare advantage and plan b so we can ensure the community integrated health initiative sustainability after the grant funding sunsets December 2026