

## 2020 Work Plan for Board of Health

### 2020 Initiatives and Ongoing Projects

CNA = Community Needs Assessment

RVB=Referred from Village Board

ENABLING LANGUAGE	PROJECT	OUTCOMES	TIMEFRAME	COST/BOH member assigned To
Chapter 20, Article 2 Board of Health	National Association of Local Board of Health Membership	<ul style="list-style-type: none"> <li>Village to pay for \$300 annual NALBOH membership. NALBOH will allow Oak Park BOH to access members-only online resources, to share and exchange news stories/articles, network with other Board of Health members across the country and have access to the quarterly news brief.</li> </ul>	2020	\$300/year
Chapter 20, Article 2 Board of Health	Marijuana	<ul style="list-style-type: none"> <li>With marijuana legalization, effective January 1, 2020, identify and monitor emerging health and social issues with marijuana use. Propose recommendations as needed to Village Board.</li> <li>Partner with community organizations (ex. PYD) to support strategies to address marijuana use among youth and exposure in vulnerable groups.</li> </ul>	2019- No progress yet. Keep on work plan for 2020.	Tim Halt, Florence Miller
Chapter 20, Article 2 Board of Health  *RVB	E-Cigarettes/Vaping	<ul style="list-style-type: none"> <li>Identify and monitor emerging health and social issues with e-cigarettes. Propose recommendations as needed to Village Board.</li> <li>Partner with community organizations (ex. Schools, health care providers, PYD etc.) to support strategies to address e-cigarette use among youth and exposure in vulnerable groups.</li> </ul>	2018/2019/2020	Florence Miller Ryan Patrick
Chapter 20, Article 2 Board of Health  *CNA	Chronic Disease <ul style="list-style-type: none"> <li>Community collaboration</li> </ul>	<ul style="list-style-type: none"> <li>Partner with community organizations as needed to support strategies to reduce mortality rates for diabetes, CVD, breast, cervical and colorectal cancer, and pediatric asthma hospitalizations below HP 2030 goals.</li> <li>Participate in Chronic Disease Workgroup as needed.</li> <li>Recommend educational information to Health Department for communication to the public.</li> </ul>	2019/2020	Jennifer Fritz

Chapter 20, Article 2 Board of Health  *CNA	Adult and Child Obesity <ul style="list-style-type: none"> <li>Increase consumption of fruits and vegetables</li> <li>Exercise</li> </ul>	<ul style="list-style-type: none"> <li>Partner with community organizations as needed to support strategies to reduce rates of adult and child obesity to below HP 2030 goals.</li> <li>Work with Farmers Market and other Village resources to develop strategies to promote increased consumption of fruits and vegetables.</li> <li>Partner with community organizations to support efforts to decrease sedentary lifestyles and increase physical activity.</li> </ul>	2019/2020	Noel Chavez (Child)  Natalie Serratos
Chapter 20, Article 2 Board of Health	Tobacco <ul style="list-style-type: none"> <li>Exposure to tobacco products (including second and third hand smoke)</li> </ul>	<ul style="list-style-type: none"> <li>Support OP Dept. of Public Health initiatives re: smoke-free multiple family housing, business tobacco education initiatives and acquisition of cessation program funding.</li> <li>Monitor ongoing progress and compliance with Tobacco 21 ordinance</li> </ul>	2019/2020	Ryan Patrick
Chapter 20, Article 2 Board of Health	Environmental <ul style="list-style-type: none"> <li>Village Mosquito abatement program</li> </ul>	<ul style="list-style-type: none"> <li>Host public education sessions (as needed) related to mosquito abatement.</li> <li>Attend Farmers Market and A Day in Our Village to provide educational materials</li> <li>Review current materials identify /recommend additional materials.</li> </ul>	2019/2020  2019/2020  2019/2020	All Commissioners
Chapter 20, Article 2 Board of Health	Cycling Safety	Monitor Comprehensive Cycling Safety Policy including: <ul style="list-style-type: none"> <li>BOH to develop list of requested data from Police and other sources to monitor compliance.</li> <li>BOH to review annual Police Bike report containing data regarding bike helmet use etc. As part of BOH review, develop/discuss the need for any follow-up educational campaign.</li> <li>Provide ordinance enforcement consultation as requested</li> </ul>	2019/2020  2019/2020	All Commissioners

		<ul style="list-style-type: none"> <li>Identify ways to determine root cause of helmet noncompliance in youth.</li> </ul>		
Chapter 20, Article 2 Board of Health  *CNA	Mental Health <ul style="list-style-type: none"> <li>Mental Health Underage drinking and substance use</li> <li>Opioid use</li> </ul>	<ul style="list-style-type: none"> <li>Support community organizations addressing under-addressed behavioral health needs, youth alcohol and substance abuse, illicit opioid use and needs of people with developmental disabilities.</li> </ul>	2019/2020	All Commissioners
Chapter 20, Article 2 Board of Health	Public Health Emergency Preparedness	<ul style="list-style-type: none"> <li>Annually review trends/programs related to Public Health Emergency Preparedness.</li> <li>Provide support as requested to Emergency Preparedness programs.</li> </ul>	2019/2020	All Commissioners
Chapter 20, Article 2 Board of Health	Increasing awareness among Village residents of Public Health	<ul style="list-style-type: none"> <li>Work with Public Health Department and Public Relations to communicate national Public Health activities through Village communication methods.</li> <li>Provide current vaccine information to residents at activities in the Village.</li> </ul>	2019/2020	All Commissioners
Chapter 20, Article 2 Board of Health	Youth Drug, Alcohol and Tobacco Prevention	<ul style="list-style-type: none"> <li>Attend community meetings as scheduled</li> </ul>	As-needed	Florence Miller
Chapter 20, Article 2 Board of Health	Review of Village Health Data and Statistics	<ul style="list-style-type: none"> <li>Review trends in Oak Park health data semi-annually (ex. Communicable Disease)</li> </ul>	Bi-Annually	All Commissioners
Chapter 20, Article 2 Board of Health	Public Health and the Comp Plan	<ul style="list-style-type: none"> <li>The Plan Commission will present a summary of the Village Comp Plan, if not presented in 2019.</li> </ul>	2019/2020	

Chapter 20, Article 2 Board of Health	Lead in Drinking Water	<ul style="list-style-type: none"> <li>Lead in Drinking Water: Create an outreach campaign to educate residents.</li> </ul>	2020	All Commissioners

### 2019 Completed Initiatives

The Workplan submitted by the BOH in 2019 was robust. The projects identified were primarily a response to the data and needs identified in the Comprehensive Community Health Needs Assessment and subsequent comprehensive Community Plan. This assessment and plan were focused on both short term and long term (5 year) goals. All of those goals are in an ongoing process.

In 2018 the BOH was asked to research and review e-cigarettes with an emphasis on e-cigarette use by Oak Park adolescents. In 2019, the BOH presented 35 recommendations to the Village Board regarding e-cigarettes at a January 2019 Village Board meeting. The Board subsequently requested that Village staff draft an ordinance that incorporated as many of the recommendations as possible.

ENABLING LANGUAGE	PROJECT	OUTCOMES
Chapter 20, Article 2 Board of Health	Marijuana	<ul style="list-style-type: none"> <li>With marijuana legalization, effective January 1, 2020, identify and monitor emerging health and social issues with marijuana use. Propose recommendations as needed to Village Board.</li> <li>Partner with community organizations (ex. PYD) to support strategies to address marijuana use among youth and exposure in vulnerable groups.</li> </ul> <p>Florence Miller participating on the Positive Youth Development Group (PYD), Town Hall Planning committee, etc. The Village of Oak Park Board of Trustees has not requested any input or recommendations from the Board of Health as of 09/15/2019.</p>

Chapter 20, Article 2 Board of Health  *RVB	E-Cigarettes	<ul style="list-style-type: none"> <li>Identify and monitor emerging health and social issues with e-cigarettes. Propose recommendations as needed to Village Board.</li> <li>Partner with community organizations (ex. Schools, health care providers, PYD etc.) to support strategies to address e-cigarette use among youth and exposure in vulnerable groups.</li> </ul> <p>After many meetings and research the Board of Health submitted 35 BOH recommendations on e-cigarettes in a document titled “Report and Recommendations from the Oak Park Board of Health Commission/The Use of E-Cigarettes Among Youth”. Florence Miller presented to the Village Board on January 14, 2019 at a regularly scheduled Village Board meeting. The Village Board directed staff to draft an ordinance that incorporated many of the 35 recommendations.</p>
Chapter 20, Article 2 Board of Health  *CNA	Chronic Disease <ul style="list-style-type: none"> <li>Community collaboration</li> </ul>	<ul style="list-style-type: none"> <li>Partner with community organizations as needed to support strategies to reduce mortality rates for diabetes, CVD, breast, cervical and colorectal cancer, and pediatric asthma hospitalizations below HP 2030 goals.</li> <li>Participate in Chronic Disease Workgroup as needed.</li> <li>Recommend educational information to Health Department for communication to the public.</li> </ul> <p>Participated at A Day In Our Village and Farmers’ Market distributing materials on Breast Cancer Screening, Cervical Cancer Screening, Colorectal Screening and worked with Rahel Woldemichael regarding “heart educational materials”. BOH provided information to Health Department on Adolescent Healthy Eating to use in communication.</p> <p>The BOH developed an “Online Health and Wellness Resources” brochure that was handed out at Special Events.</p>
Chapter 20, Article 2 Board of Health  *CNA	Adult and Child Obesity <ul style="list-style-type: none"> <li>Increase consumption of fruits and vegetables</li> <li>Exercise</li> </ul>	<ul style="list-style-type: none"> <li>Partner with community organizations as needed to support strategies to reduce rates of adult and child obesity to below HP 2030 goals.</li> <li>Work with Farmers Market and other Village resources to develop strategies to promote increased consumption of fruits and vegetables.</li> <li>Partner with community organizations to support efforts to decrease sedentary lifestyles and increase physical activity.</li> </ul> <p>BOH member Noel Chavez regularly communicates with Jennifer Little with the Collaboration for Early Childhood and met in August and spoke with Jennifer regarding working with Collaboration for Early Childhood on educating parents on child health and nutrition. The educations are to be scheduled for January/February 2020.</p> <p>The BOH participated at A Day In Our Village and Farmers’ Market where the “Guess the Vegetable” game was offered that helped educate participants on eating healthy. In addition other materials were handed out regarding healthy eating.</p>

Chapter 20, Article 2 Board of Health	Tobacco <ul style="list-style-type: none"> <li>Exposure to tobacco products (including second and third hand smoke)</li> </ul>	<ul style="list-style-type: none"> <li>Support OP Dept. of Public Health initiatives re: smoke-free multiple family housing, business tobacco education initiatives and acquisition of cessation program funding.</li> <li>Monitor ongoing progress and compliance with Tobacco 21 ordinance</li> </ul> <p><b>The BOH educated the public at this year's Day in Our Village and at the Farmers' Market.</b></p>
Chapter 20, Article 2 Board of Health	Environmental <ul style="list-style-type: none"> <li>Village Mosquito abatement program</li> </ul>	<ul style="list-style-type: none"> <li>Host public education sessions (as needed) related to mosquito abatement.</li> <li>Attend Farmers Market and A Day in Our Village to provide educational materials</li> <li>Review current materials identify /recommend additional materials.</li> </ul> <p><b>The BOH participated at A Day in Our Village and at a Farmers' Market, answered questions about mosquito bite prevention and handed out Village and DVMAD information and tick information.</b></p>
Chapter 20, Article 2 Board of Health	Cycling Safety	<p>Monitor Comprehensive Cycling Safety Policy including:</p> <ul style="list-style-type: none"> <li>BOH to develop list of requested data from Police and other sources.</li> <li>BOH to review annual Police Bike report containing data regarding bike helmet use etc. As part of BOH review, develop/discuss the need for any follow-up educational campaign.</li> <li>Provide ordinance enforcement consultation as requested</li> </ul> <p><b>BOH to invite Oak Park bike club/group to 2019 BOH meeting to start discussion on bike helmets. BOH invited high school senior who had done survey on bike helmet use to present at commission meeting. Focus for 2020 will be on educating youth and adults on Bike helmet ordinance and bike safety, helmet use, etc.</b></p>

Chapter 20, Article 2 Board of Health  *CNA	Mental Health <ul style="list-style-type: none"> <li>Mental Health Underage drinking and substance use Opioid use</li> </ul>	<ul style="list-style-type: none"> <li>Support community organizations addressing under-addressed behavioral health needs, youth alcohol and substance abuse, illicit opioid use and needs of people with developmental disabilities.</li> </ul> <p><b>Lisa Denunzio-Devivo from the Mental Health Board of Oak Park Township presented information on the OPRF Community Needs Assessment and the Townships plan to manage mental and behavioral health in Oak Park.</b></p> <p><b>Florence Miller participates on the PYD task force, a community group that is addressing underage drinking, marijuana and other substance abuse issues in Oak Park.</b></p>
Chapter 20, Article 2 Board of Health	Public Health Emergency Preparedness	<ul style="list-style-type: none"> <li>Annually review trends/programs related to Public Health Emergency Preparedness.</li> </ul> <p><b>Gaurav Gaonkar, Village Emergency Preparedness &amp; Response Coordinator to present at October BOH meeting.</b></p> <p><b>The BOH shared space with Emergency Preparedness and FEMA. Educational materials were distributed.n at A Day in Our Village &amp; at the Farmers' Market.</b></p>
Chapter 20, Article 2 Board of Health	Increasing awareness among Village residents of Public Health	<ul style="list-style-type: none"> <li>Work with Public Relations to communicate national Public Health activities through Village communication methods.</li> <li>Purchase Board of Health banner for use at Public Events.</li> </ul> <p><b>A BOH banner was purchased to be used at Special Events. The BOH participated at A Day in Our Village &amp; Farmers' Market. The BOH completed research and provided educational information to the Health Department to share on monthly communications via Village social media.</b></p>
Chapter 20, Article 2 Board of Health	Youth Drug, Alcohol and Tobacco Prevention	<ul style="list-style-type: none"> <li>Attend community meetings as scheduled</li> </ul> <p><b>Florence Miller participates on the PYD task force, a community group that is addressing underage drinking, marijuana and other substance abuse issues in Oak Park.</b></p>
Chapter 20, Article 2 Board of Health	Review of Village Health Data and Statistics	<ul style="list-style-type: none"> <li>Review trends in Oak Park health data semi-annually (ex. Communicable Disease)</li> </ul> <p><b>The BOH reviews Health Department data.</b></p>
Chapter 20, Article 2 Board of Health	Public Health and the Comp Plan	<ul style="list-style-type: none"> <li>The Plan Commission will present a summary of the Village Comp Plan</li> </ul> <p><b>Craig Failor, Village Planner to present information on the Village's "Envision Oak Park" comprehensive plan</b></p>

		prior to the end of 2019
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Respectfully submitted by

*Florence L. Miller*

Florence L. Miller, MPH, MSN, CNS  
Chair, Oak Park Board of Health