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## Dr. Marla W. Friedman, Psy.D. PC

Oak Park Village Manager, Clara Pavlicek Village of Oak Park 1234 Madison Street Oak Park IL 60302

4-14-2020

Dear Oak Park Village Manager, Clara Pavlicek,

I, Marla Friedman am the proposing respondent and have included all information related to technical issues, price and cost analysis, and any contract questions. I am available to enter into an informational discussion on any and all pertinent issues.

Sincerely,

Dr. Marla W. Friedman, Psy.D. PC Police Psychologist 301 West Roosevelt Road Suite B2 Wheaton, IL 60187

Office phone: 630-510-3966 (24 hour live answering service)

Cell phone: 630-632-1898 (text preferred)

IL License #071-004275 Tax I.D. 20-0686905

National Provider Identifier: #1558579169

Booklight@att.net

## Dr. Marla W. Friedman Psy.D.

Licensed Clinical and Police Psychologist Psychologist 301 West Roosevelt Road Suite B2
Wheaton, IL 60187
630-510-3966
Booklight@att.net

#### **LICENSURE**

Licensed Clinical Psychologist 1991-Present State of Illinois (#071-004275)

#### **EDUCATION**

Illinois School of Professional Psychology	1989
No association with "Argosy" Schools	
Chicago, Illinois Campus	
Psy.D. Clinical Psychology	
Northeastern Illinois University, Chicago, IL.	1979
B.A. in Psychology; with honors	
John Jay College of Criminal Justice, New York, New York	2016
Certificate in: Investigative Psychology	
Loyola University Stritch School of Medicine, Maywood, IL.	1991
Certificate in: Treatment of Sexual Dysfunction	

#### **CLINICAL AND INVESTIGATIVE EXPERIENCE**

Marla W. Friedman, Psy.D. P.C., Wheaton, IL. Director of Investigative Services

1994—Present

Areas of special focus: anxiety, phobia, OCD, PTSI, depression, trauma, sexual and marital health, and suicide prevention training.
 Provide consultation to police and firefighter pension boards. Treat first responders, accidental killers, family survivors of violent crime and animal attack victims. Conduct assessment of feigning

and malingering. Provide therapeutic intervention for PTSI to DEA and ATF agents.

#### MARLA W. FRIEDMAN, Psy.D.

- Consulting Psychologist: The Lake County Major Crimes Task Force (November 2014-January 2017)
- Work in conjunction with municipal law enforcement agencies to assist in cold case resolution. Including: interviewing and re-interviewing suspects, witnesses and victims. Reviewing 9-1-1 calls, autopsy reports and videos of interrogations. Analysis of written and verbal statements.
- Developed, "Release of Information-Special Circumstances" to assist law enforcement with identifying an offender when a patient is physically or mentally incapacitated, declared missing or dead.
- Provide psychotherapy for children, adolescents, and adults.
- Developed "Booklight," a joining of great literature and group psychotherapy.
- Provide psychotherapy to Deaf and Hard of Hearing. Fluent in Sign Language.
- Mentor early career psychologists.

Past Chair-Illinois Association of Chiefs of Police (ILACP): Police Psychological Services Section. 2013-2014

Originated the, "CHIEFS LEAD THE WAY" protocol. A program that challenges chiefs to be a positive role model to their officers by going to a psychologist for a "Mental Health Check- in" as developed by Badgeoflife.com (2006). Chiefs then encourage their officers to do the same with the goal of reducing trauma and suicide rates among First Responders. "Be the Good Enough Chief."

- Developed the "Hey Doc" column in Command Magazine for Chiefs to ask questions about any topics with a psychological overlay.
- Developed "Bring A Buddy"-The Bridge Between Peer Support and Psychotherapy"
- Support the goals of The Illinois Association of Chiefs Of Police (ILACP) by providing therapeutic intervention, "interpretation of psychological evidence" to assist in case resolution and insight through formal assessment.
- Contribute regularly to COMMAND Magazine: The Official Publication of the ILACP.
- Working toward legislation that would change the automatic loss of the FOID card for officers who seek inpatient treatment for mental health issues.
- Develop educational programming for bi-annual conferences.
- Introduced, "INTERVIEW WITH THE CHIEF OF POLICE" as a regular feature in Command Magazine. (Spring 2014).
- Compiled resource list of mental health professionals specializing in assessment, intervention, operations and consultation to assist Illinois Chiefs statewide.

# R.W.S. Investigations, St. Charles, IL. Consultant for Investigations

2002—Present

- Completed training in Private Investigation (without licensure).
- Analyze and interpret evidence of a psychological nature, including: detection of deception through formal statement analysis (SCAN), consultation on missing persons, cold cases and interview and interrogation (Reid Method).
- Presented: "Tandem Approach to Detecting Deception in Psychological Malingerers by Using the Combined Skills of a Psychologist and a Private Investigator " at The Illinois Public Pension Advisory Committee Conference. (Iowa, June 2012).

## Cassens & Associates, Wheaton, IL. Clinical Psychologist

1989-1994

- Provided full psychotherapy services for individuals, couples, and families.
- Conducted psycho-diagnostic assessment of adults and adolescents.
- Consulted with schools and community agencies.

# Carol Stream Psychotherapy Associates/Institute for Eating Disorders, Carol Stream, IL 1987—1989 Psychotherapist

- Provided psychotherapy services, psychological assessments and hospital lectures.
- Served as marketing liaison for EAPs.
- Taught American Sign Language to staff and interns.

## Turning Point/Orchard Mental Health Center, Skokie, IL. Intern

1986-1987

- Provided on-call emergency services for DCFS and Family Services in Niles and Northfield Townships; conducted crisis intervention services at local police stations.
- Provided individual treatment for children, adolescents and adults.
- Led geriatric life review group.
- Arranged temporary foster care for runaways.
- Conducted intake interviews and psychological evaluations.
- Taught parent-training groups, community education workshops, and community outreach initiatives.

## Hoffman Estates Health and Human Services, Hoffman Estates, IL. Therapy Practicum

1985-1986

- Conducted individual, marital, and family therapy, intake interviews, and interventions.
- Provided staff training in Sign Language.

## Forest Psychiatric Hospital, Des Plaines, IL. Therapist/Sign Language Interpreter

1979-1986

- A seven-year odyssey providing psychotherapeutic services to the severely mentally ill in an inpatient psychiatric hospital. A richly rewarding experience that became the foundation for all my subsequent clinical experiences.
- Conducted individual, group, and family therapy for deaf children, adolescents, and adults.
- Performed intake interviews, weekly treatment planning, and regular rotations on the Pediatric,
   Adolescent, Intensive Care and Substance Abuse Units.
- Conducted psycho-diagnostic testing.

## Ray Graham Association for the Handicapped, Elmhurst, IL. Diagnostic Practicum

1984-1985

- Provided neuropsychological and psychological assessments of physically and mentally handicapped and emotionally disturbed children, adolescents, and adults.
- Provided psychotherapy services and conducted behavioral observation in home environment.

## Northeastern Illinois University, Chicago, IL. Associate Registrar

1978-1979

Counseled and registered students for special community education programs.

#### PRESENTATIONS AND TRAININGS

#### Marla W. Friedman

**Field Training Officer Instruction/State Certification:** Dr. Marla Friedman, Psy.D. PC Chairman of the Board-Badge of Life and Bruce Sokolove, President Field Training Associates. Aurora Police Department, Aurora IL., (8-13, 2018)

"Prevention-Catching Mental Health Issues Early in an Officer's Career"

Master Police Coach Training/State Certification: Marla Friedman, Psy.D. PC, Chairman of the Board- Badge of Life and Bruce Sokolove MS, President Field Training Associates. Gurnee Police Department, Gurnee, IL. (6-25,26, 2018)

"Providing Resilience Training for Probationers"

The Innocent Justice Foundation/Cook County State's Attorney/DOJ grant: Dr. Marla Friedman-Police Psychologist (6-21-2018) Building a national pilot program to train prosecutors, detectives and investigators, who work the Internet Crimes Against Children Task Forces (ICAC) Chicago, IL.

"A Sip of Poison-Unit ll, Focus on the Family"

**Field Training Officer Instruction/State Certification:** Marla Friedman, Psy.D. PC, Executive Board of Directors-Badge of Life and Bruce Sokolove MS, President Field Training Associates. Bensenville Police Department. (4-16,17, 2008) Bensenville, IL.

"Mental Wellness and Suicide Prevention for the Field Training Officer"

**Field Training Officer Instruction/State Certification:** Marla Friedman, Psy.D. PC, Chief Psychologist-Field Training Associates and Bruce Sokolove MS, President Field Training Associates. Romeoville Police Department. (4-2, 2018) Romeoville, IL.

"Understanding the Seasons of an Officer's Life"

**Field Training Officer Instruction/State Certification**: Bruce Sokolove MS, President-Field Training Associates and Marla Friedman Psy.D. PC, Board of Directors-Badge of Life. Lombard Police Department (3-27, 2018) Lombard IL.

"No More Broken Cops"

**Cook County State's Attorney and The Innocent Justice Foundation, DOJ grant:** Original work by: Dr. Marla Friedman-Police Psychologist (3-14, 2018) Building a national pilot program to train prosecutors, and detectives in stress inoculation and coping skills to remain healthy while working on the Internet Crimes Against Children Task Forces, (ICAC). Chicago IL.

"A Sip of Poison-Unit l"

Field Training Officer Instruction/State Certification: Bruce Sokolove MS, President-Field Training Associates and Marla Friedman Psy.D., Police Psychologist-Board of Directors Badge of Life. Waukesha County Technical College, (3-12,13, 2018) Pewaukee, WI.

"Building A Better Cop" Suicide Education and Reduction Training"

**Field Training Officer Instruction/State Certification:** Marla Friedman, Psy.D. PC, Chief Psychologist-Field Training Associates and Bruce Sokolove MS, President-Field Training Associates. Waukesha County Technical College, (3-5,6, 2018) Peewaukee WI.

"Preparing Master Police Coaches to Train 'New Blue' to be Mentally Healthy"

Field Training Officer Instruction/State Certification: Dr. Marla Friedman, Psy.D. PC, Executive Director-Badge of Life and Bruce Sokolove MS. President-Field Training Associates. Algonquin Police Department, (2-19,20, 2018) Algonquin, IL.

"Building A Better Cop-Mental Health and Suicide Prevention"

**Field Training Officer Instruction/State Certification:** Bruce Sokolove. MS, President-Field Training Associates and Marla Friedman Psy.D. PC, Police Psychologist. Rockford Police Department (1- 22,23, 2018) Rockford, IL.

"Teaching Healthy Coping Skills for Law Enforcement Officers and their Families"

**Field Training Officer Instruction/State Certification:** Marla Friedman, Psy.D. PC, Executive Director- Badge of Life and Bruce Sokolove MS, President-Field Training Associates. Bloomingdale Police Department (1-5,6, 2018) Bloomingdale, IL.

"Training Master Police Coaches in Mental Wellness and Suicide Prevention"

**Field Training Officer Instruction/State Certification:** Marla Friedman, Psy.D. PC, Chief Psychologist- Field Training Associates and Bruce Sokolove MS, President-Field Training Associates (12-11,12, 2017) Aurora Police Department, Aurora IL.

"Building A Better Cop"-Suicide in Law Enforcement, Signs and Systems

**Field Training Officer Instruction/State Certification:** Marla Friedman, Psy.D. PC, Chief Psychologist-Field Training Associates and Bruce Sokolove MS, President-Field Training Associates (11-13-17) Waukesha County Technical College, Pewaukee, WI.

"Building A Better Cop-Focus on the Probationers Mental Wellness"

**Field Training Officer Instruction/State Certification:** Marla Friedman Psy.D. PC, Board of Directors-Badge of Life and Bruce Sokolove MS, President Field Training Associates (10-23,24-17) Norridge Police Department, Norridge IL.

"Building A Better Cop-Keeping Law Enforcement Families Strong"

**Field Training Officer Instruction/State Certification:** Bruce Sokolove MS-President Field Training Associates and Marla Friedman Psy.D. PC Police Psychologist (10-16,17-17) Romeoville Police Department Romeoville, IL.

"Developing Mental Health Practices for the FTO and Probationer"

**Field Training Officer Instruction/State Certification:** Marla Friedman Psy.D. PC, Board of Directors-Badge of Life and Bruce Sokolove MS, President Field Training Associates (10-10-17) Wheeling Police Department, Wheeling, IL

"Integrating Mental Health Language with Master Police Training"

**Field Training Officer Instruction/State Certification:** Marla Friedman Psy.D PC, Chief Psychologist-Field Training Associates and Bruce Sokolove MS-President Field Training Associates (10-2,3-17) Suburban Law Enforcement Academy, (SLEA) Glen Ellyn, IL.

"Building A Better-Cop-Confronting PTSI, Anxiety and Organizational Stress"

**Field Training Officer Instruction/State Certification:** Bruce Sokolove MS, President Field Training Associates and Marla Friedman Psy.D. PC, Police Psychologist (9-12-17) Suburban Law Enforcement Academy, (SLEA) Glen Ellyn, IL.

"Training Supervisors in Mental Wellness within the Law Enforcement Family"

**Field Training Officer Instruction/State Certification:** Trainers: Marla Friedman Psy.D. PC, Education Committee-Illinois Association of Chiefs of Police and Bruce Sokolove MS, President-Field Training Associates (8-28,29-17) Evergreen Park Fire Department, Evergreen Park, IL.

"Building A Better Cop-No place for Bullying"

**Field Training Officer Instruction/State Certification:** Trainers: Marla Friedman Psy.D. PC, Ethics Committee-International Chiefs of Police-Psychological Services Section and Bruce Sokolove MS, President Field Training Associates (7-31 and 8-1-17) Gurnee Police Department, Gurnee, IL.

"Building A Better Cop-Training Masters Police Coaches in Psychological Bounce Back"

**Field Training Officer Instruction/State Certification:** Trainers: Bruce Sokolove MS President Field Training Associates and Marla Friedman Psy.D. PC Board of Directors Badge of Life (3-27-17) Waukesha County Technical College, Pewaukee, WI

"Master Police Coaches-Building A Better Cop"

**Field Training Officer Instruction/State Certification:** Trainers: Marla Friedman Psy.D. PC, Board of Directors –Badge of Life and Bruce Sokolove MS, President Field Training Associates (2-28-17) Romeoville Police Department, Romeoville, IL.

"Integrating Mental Health Language with Field Training Tactical Protocols"

**Field Training Officer Instruction/State Certification:** Trainers: Bruce Sokolove MS, President Field Training Associates and Marla Friedman Psy.D. PC Police Psychologist (2-21-17) Suburban Law Enforcement Academy (SLEA) Glen Ellyn, IL.

"Training Master Police Coaches in Mental Health and Suicide Prevention"

**Field Training Officer Instruction/State Certification:** Trainers: Marla Friedman Psy.D. PC Board of Directors Badge of Life and Bruce Sokolove MS, President of Field Training Associates (2-13,14-17) River Grove, IL.

"Integrating Mental Health Training and Suicide Prevention for Law Enforcement"

**Training the Police Psychologists of The Future:** Trainer: Dr. Marla Friedman, Police Psychologist (2-2-17) The Wright Institute, Berkeley, CA.

"Introduction to Investigative Psychology-Updated Practices"

**Field Training Officer Instruction/State Certification:** Trainers: Bruce Sokolove MS, President Field Training Associates and Dr. Marla Friedman, Police Psychologist (1-17-17) Metra Police, Blue Island, IL.

"Post-Traumatic Stress Injury and Suicide Prevention for Law Enforcement"

**Field Training Officer Instruction/State Certification:** Trainers: Marla Friedman Psy.D., PC and Bruce Sokolove MS, President Field Training Associates (1-9,10-17) Suburban Law Enforcement Academy (SLEA) Glen Ellyn, IL.

"Master Police Coaches-Building A Better Cop"

**Field Training Officer Instruction/State Certification:** Trainers: Bruce Sokolove MS, President Field Training Associates and Marla Friedman, Psy.D. PC Police Psychologist (11-28-16) Calumet City Police Department, Calumet City, IL.

"Integrating Mental Health Techniques with Field Officer Training"

**Field Training Officer Instruction/State Certification**: Trainers: Dr. Marla Friedman, Police Psychologist and Bruce Sokolove MS, President Field Training Associates (11-14-16) Waukesha County Technical College, Pewaukee, WI.

"PTSD and Suicide Prevention for Law Enforcement"

**Field Training Officer Instruction/State Certification:** Trainers: Bruce Sokolove MS, President Field Training Associates and Marla Friedman Psy.D. PC (10-24-16) Elgin Police Department, Elgin Illinois.

"Training Police Supervisor's in Mental Health and Suicide Prevention"

**Field Training Officer Instruction/State Certification:** Trainers: Marla Friedman, Police Psychologist and Bruce Sokolove MS, President Field Associates (9-13-16) Romeoville Police Department, Romeoville IL.

"Master Police Coaches-Building A Better Cop"

**Field Training Officer Instruction/State Certification:** Trainers: Dr. Marla Friedman & Bruce Sokolove, MS-Field Training Associates (9-7-16) Elgin Police Department, Elgin IL.

"The Mental Health Check-In and Suicide Prevention for Law Enforcement"

**Field Training Officer Instruction/State Certification:** Trainers: Bruce Sokolove, M.S. President Field Training Associates & Marla Friedman, Psy.D. PC, Police Psychologist (8-23-16) Plainfield Police Department, Plainfield, Illinois.

"Upgraded Practices-Integrating Mental Health Language in the Daily Observation Report"

**Field Training Officer Instruction/State Certification**: Trainers: Marla Friedman, Psy.D.PC., Police Psychologist and Bruce Sokolove M.S., President Field Training Associates. (June 27,2016) Fox Valley Technical College, Public Training Center-Appleton Wisconsin.

"The Mental Health Check-In and Suicide Prevention for Law Enforcement"

**Field Training Officer Instruction/State Certification:** Trainers: Bruce Sokolove, M.S. President Field Training Associates and Marla Friedman, Psy.D. PC Board of Directors-Badge of Life (June 20-21, 2016) Franklin Park Police Department. Franklin Park, Illinois.

"Preparing Mentally Healthy Master Police Coaches and Probationers"

**Field Training Officer Instruction/State Certification**: Presenters: Bruce Sokolove, M.S. President-Field Training Associates and Marla Friedman, Psy.D. PC Police Psychologist (May 23-24, 2016) Lake Zurich Police Department. Lake Zurich, Illinois.

"Master Police Coaches- How Supervisors Can Manage the Emotional Needs of Their FTOs"

**Field Training Officer Instruction/State Certification**: Presenters: Bruce Sokolove, M.S. President-Field Training Associates and Marla Friedman, Psy.D. PC Board of Directors-Badge of Life (April 25-26,2016) Rockford Illinois.

"The Mental Health Check-In and Suicide Prevention for law Enforcement"

**Field Training Officer Instruction/State Certification**: Presenters: Bruce Sokolove, M.S. President-Field Training Associates and Marla Friedman, Psy.D. PC Board of Directors-Badge of Life (April 18-19,2016) Suburban Law Enforcement Academy (SLEA) Glen Ellyn, Illinois.

"Training Supervisors- The FOID Act and Keeping FTOs and Probationers Mentally Healthy"

**Field Training Officer Instruction/State Certification:** Presenters: Bruce Sokolove, M.S. President-Field Training Associates and Marla Friedman, Psy.D PC Police Psychologist (April 4-5, 2016) Highland Park Police Department, Highland Park, Illinois.

"Field Training Officers-Changing the Future of Law Enforcement"

Field Training Officer Instruction/State Certification: Presenters: Bruce Sokololove, M.S. President-Field Training Associates and Marla Friedman, Psy.D. PC Police Psychologist (March 21-22, 2016) Suburban Law Enforcement Academy (SLEA) Glen Ellyn, Illinois.

"Conducting Emotionally Healthy Conversations with Probationers"

**Field Training Officer Instruction/State Certification:** Presenters: Bruce Sokolove, M.S. President-Field Training Associates and Marla Friedman, Psy.D. PC Police Psychologist (March 2-3, 2016) Milwaukee, Wisconsin.

"Bring A Buddy-Bridging the Gap Between Peer Support and Psychotherapy"

**Field Training Officer Instruction/State Certification:** Presenters: Bruce Sokolove, M.S. President-Field Training Associates and Marla Friedman, Psy.D. PC Police Psychologist (February 22-23, 2016) Skokie Police Department. Skokie, Illinois.

"Keeping Law Enforcement Mentally Healthy"

**Suicide Prevention, Resilience and Peer Support:** Presenters: Marla Friedman, Psy.D. PC, Jada Hudson, M.S., L.C.P.C. and Matt Olson, Executive Director-Illinois Firefighter Peer Support (February 1-3, 2016) Wheaton Fire Department. Wheaton Illinois.

"Breaking Stigma and Saving Lives"

**Signs and Symptoms of Depression, PTSD and Suicide:** Presenters: Marla Friedman, Psy.D, PC and Elizabeth Thompson, Psy.D, PC, Police Psychologists (January 20,2016) Rockford County Sheriff's Department, Rockford, Illinois.

"Focus on Law Enforcement"

**Field Training Officer Instruction/State Certification:** Presenters: Bruce Sokolove, M.S., President-Field Training Associates and Marla Friedman Psy.D. PC (January 18-19, 2016) Wheeling Police Department, Wheeling Illinois.

"Mental Health and Suicide Prevention for Law Enforcement"

**Shattered Stars-Peer Support Training: Presenter**: Marla Friedman, Psy.D. PC, Police Psychologist, (January 4, 2016) Bolingbrook Fire Department, Bolingbrook, Illinois.

"Chiefs Lead the Way"

**Field Training Officer Instruction/State Certification:** Presenters: Bruce Sokolove, M.S., President-Field Training Associates and Marla Friedman, Psy.D. PC (December 14-15, 2015) Suburban Law Enforcement Academy (SLEA). Glen Ellyn, Illinois.

"The Good Enough Chief"

**Field Training Officer Instruction/State Certification:** Presenters: Bruce Sokolove, M.S., Field Training Associates and Marla Friedman, Psy.D., PC (October,12-13, 2015) Suburban Law Enforcement Academy (SLEA). Glen Ellyn, Illinois.

"Mental Wellness and Suicide Prevention for Law Enforcement"

**Field Training Officer Instruction/ State Certification**: Presenters: Bruce Sokolove, M.S., Field Training Associates and Marla Friedman, Psy.D., PC (September 8, 2015) Suburban Law Enforcement Academy (SLEA). Glen Ellyn, Illinois.

"Chiefs Lead the Way- A Top Down Approach to Addressing Police Suicide."

Chicago Police Memorial Foundation and Motorola Solutions Foundation, "Police Suicide Awareness and Prevention Training" Co-Trainer Ron Clark, RN, M.S, Chairman of The Board- Badge of Life. McDonalds Corporate Center, Oakbrook, Illinois (January 27, 2015)

"The 21st Century Approach to Keeping Police Officers Healthy and Safe"

Illinois Association of Chiefs of Police, 2014 Training Conference (June 20-22, and August 20, 2014) Investigations Training Session:

"9-1-1 What's Your Emergency? Is The Killer Calling, Detecting Deception in 9-1-1 Calls."

Loyola University Health System, Stritch School of Medicine and The West Suburban Chiefs of Police Association (June 4, 2014)

"Chiefs Lead the Way"-A Top Down Approach to Addressing Police Suicide.

#### South Suburban Chiefs of Police (September 26, 2013)

"How Detectives and Psychologists Solve Missing Persons Cases using Traditional Investigative Techniques and Psychological Profile Development."

#### **Illinois Public Pension Committee Conference** (Iowa, June 2012)

"Tandem Approach to Detecting Deception in Psychological Malingerers by using the Combined Skills of a Psychologist and a Private Investigator"

#### **Central DuPage Hospital** (1990)

"Understanding Agoraphobia, Panic Disorder and Obsessive-Compulsive Disorder"

**Hinsdale Hospital** (1987) presented *weekly sessions to cardiac rehab patients on various topics including eating disorders, self-esteem and healthy lifestyle.* 

#### **Hoffman Estates Health and Human Services** (1985)

"Psychological Aspects of Deafness"

#### PROFESSIONAL DEVELOPMENT IN CLINICAL AND POLICE PSYCHOLOGY

**Risk Management Roundtable: The Trust APA Malpractice Insurance:** Beacon Live. Telehealth Roundtable. April 16,2020 (1 hour)

**Leadership/Resiliency/Wellness/Anti-Fragility:** National Command Staff. Presenters: Dr. Terry Anderson, PhD., Dr. Mitch Davidi. PhD., Telehealth Continuing Education Webinar. April 13,2020. (1 hour)

Illuminating Intersectionality: The World Within the Individual and the Individual in the World- Illinois Psychological Association ethics, research, documentation, legal Issues, working with different cultures,

Understanding the needs of minority groups, cultural competence, management of pain and blindness. Presenters: Multiple experts in the field of working with minority cultures and how to become competent in these areas. Illinois Psychological Association. Lisle Illinois. November 14-16, 2019 (17.5 hours)

**Suicide Assessment, Documentation, and the Law:** Medical College of Wisconsin. Presenter: Geoffrey Garbelman PhD. Milwaukee Veterans Administration. Egg Harbor, Wi. August 2-3, 2018. (8 hours)

**Serial Murder-Discerning Fact from Fiction:** Justice Clearing House. Presenter: Michael G. Aamodt. DCI Consulting Group. May 3, 2018. (1 hour)

**Structuring Police Departments for Maximum Performance:** Presenter: Chief Richard W. Myers-Executive Director of Major Cities Chiefs Association. Illinois Association of Chiefs of Police Annual Conference. Peoria, Illinois. April 25, 2018 (4 hours)

**Providing Wellness Support for Online Child Exploitation Personnel:** Justice Clearing House. Presenter: Duane T. Bowers, LPC. National Center for Missing and Exploited Children (NCMEC) March 6, 2018 (1 hour)

Trauma: Helping Our Clients, Our Communities and Ourselves: Illinois Psychological Association. *Ethical Considerations in the Provision of Trauma Services*. Patricia Buckley, Ph.D., Paul Cantz, Psy.D., Scott D. Hammer, J.D., Margot Jacquot, Psy.D., Peter Perrotta, Ph.D., Ann Sauer, Ph.D., Abigail Sivan, Ph.D. Susan Zoline, Ph.D. (3 hours). *Mental Health Law and Ethics: Understanding Family Law, Guardianship, DCFS and the Danger They Present. Presenters:* Laura L. Faynor-Ciha, Ph.D., Jonathon D. Nye, J.D. (3 hours). *Understanding The Neuropsychological Sequelae of Traumatic Experiences*. Presenters: Dlvya Jain, M.SC., Dalia Cohen, Rebecca Sewel, MA, Celian Zanayad, M.A. (1.5). The Chicago Marriott Schaumburg Hotel, Schaumburg, IL. November 2, 2017.

Wellness on The Front Line: Public Safety Peer Support Association: Suicide Prevention for Law Enforcement: Robert E. Douglas, Jr, National Police Suicide Foundation, Suicide Awareness in the Fire Service: Jeff Dill, CEO- Firefighter Behavioral Alliance, Suicide Prevention and Intervention: Nancy K. Bohl-Penrod, Ph.D., Deborah Silveria, Ph.D., The Counseling Team International. PTSD/TBI vs. Fire & Iron: The Randomness of PTSD: Matt Shobert. Talking About Suicide Doesn't Hurt Anyone...Not Talking About it Does., Denise Jablonski-Kaye. I Love A Cop: Dr. Ellen Kirschman, Ph.D. (12 hours). San Diego, California. September 26-28, 2017

**Investigations of Apparent Suicide:** Professional Law Enforcement Training (PLET) Presenter: Detective Anita Seamans, Wheeling Police Department. May 22-23, 2017 (16 hours)

**2017 Champions of Children.** Hyatt Lodge, Oakbrook, IL. March 13-14, 2017. Presenter: Kevin McNeil, et.Al. (12 hours)

**Do U.S. Laws Go Far Enough to Prevent Bullying at School?** American Association Psychological-Education Directorate. December 24, 2016. (1 hour.)

**Healing Thyself-**American Psychological Association-Education Directorate. December 24, 2016. (1 hour.)

What Are The Benefits of Mindfulness? American Psychological Association-Education Directorate. December 16, 2016. (1hour.)

**Avoiding Ethical Missteps**-American Psychological Association-Education Directorate. December 16, 2016 (1hour.)

Minor Traumatic Brain Injury (MBTI) and Neurofeedback: Presenter: Kathy Abbott, Psy.D. PC. Illinois Psychological Association, Skokie, Illinois. November 7, 2015. (1.5 hours).

The More Things Change: Neuropsychology and Psychoanalytic Understanding of Adaptation: Presenters: Linda Michaels, Psy.D., MBA., Chair. Andy Suth, PhD., Katherine J. Henja, Psy.D., Irma Porcic, Psy.D. Illinois Psychological Association, Skokie, Illinois. November 7, 2015. (1.5 hours).

**Need Tylenol: Ethical Dilemmas In Training Relationships, How To Help Resolve Them:** Gregory M. Sarlo, Psy.D., Chair and Daniel Brewer, Psy.D. Illinois Psychological Association. Skokie, Illinois. November 7, 2015. (1.5 hours).

Listening To Violent Killers: Violent Behavior Development, Internet Tests, Empirical Intervention: Presenters: James Garbarino, PhD., Chair and Robert John Zagar, PhD., MPH. Illinois Psychological Association. Skokie, Illinois. November 6, 2015. (1.5 hours)

Rumor And Gossip As Forms of Bullying: Sticks and Stones: Presenter Christine C. Kleffer, PhD., ABPP, Chair. Illinois Psychological Association, Skokie, Illinois. November 6, 2015. (1.5 hours).

Looking Within: How Do Personal Dynamics and Situational Dynamics Interact with Ethics? Presenters: Scott Hammer, JD., Lynn Dee Metz, PhD., Perrotta, Peter, PhD., William Reich, PhD., Ann Sauer, PhD., Abigail Sivan, PhD. Illinois Psychological Association. Skokie Illinois. November 6, 2015. (3.25 hours)

**Building Resiliency Before Mass Casualty Events:** Presenters: Sam Cochran Major (ret), Michael Kehoe, Chief of Police, John Nicoletti, PhD. ABPP, Daniel Oates, Chief of Police, Laura Usher, Program Manager. International Association of Chiefs of Police. Chicago, Illinois. October 25, 2015 (1 hour).

Leadership in The Midst of a Crisis Following the 2012 Tragedy in Sanford, Florida. Presenters: James Fico PhD. ABPP, Richard Meyers, International Association of Chiefs of Police. Chicago, Illinois. October 24, 2015. (1 hour)

**Building Resiliency Before Mass Casualty Events:** Presenters: Sam Cochran Major (ret), Michael Kehoe, Chief of Police, John Nicoletti, PhD. ABPP, Daniel Oates, Chief of Police, Laura Usher, Program Manager. International Association of Chiefs of Police. Chicago, Illinois. October 25, 2015 (1 hour).

The Influence of Psychological Inner Perimeter Inflation On A High Profile SWAT Operation: Presenter: Douglas Gentz, PhD. ABPP. International Association of Chiefs Of Police. Chicago, Illinois. October 24, 2015 (1 hour)

**Psychological Perspectives on Police Reform:** Presenters: David Corey PhD. ABPP, Lorraine Green PhD. ABPP, Virginia Hayes PhD, Kevin Jablonski, PhD., MPH. Gwendolyn Puryear Keita, Executive Director, American Psychological Association, Ellen Scribner, PhD ABPP, Casey Stewart, Psy.D. ABPP. International Association of Chiefs of Police. Chicago, Illinois, October 24, 2015 (1.5 hours).

**Legal Update For Law Enforcement Psychologists:** Martin Mayer, Partner, Jones and Mayer. International Association of Chiefs of Police. Chicago, Illinois. October 24, 2015 (1hour).

Breaking Routine: Coaching a Self-Reliant Probationer-Supervising the Field Training Process At the Patrol Shift Level: Presenter: Bruce Sokolove M. S., Field Training Associates. Suburban Law Enforcement Academy-College of DuPage. September 8<sup>th</sup>, 2015 (7 hours).

**Active Shooter and The Campus and Municipal Response: Presenter:** Chief Patrick O'Connor, Campus Law Enforcement Executives Association. Midwest Security & Police Conference. August 19<sup>th</sup>, 2015 (1.5 hours).

**Learning To Bounce: Building Resiliency into Police Operations**: Presenter: Laura L.V. King, Commander McHenry Police Department. Midwest Security & Police Conference. August 18<sup>th</sup>, 2015 (1.5 hours)

**PTSD:** Decreasing Risk Factors and Evidence Based Treatment: Presenter: Member Illinois Chiefs of Police-Psychological Services Committee. Midwest Security & Police Conference. August 18<sup>th</sup>, 2015 (1.5 hours).

**Northern Illinois Critical Incident Stress Debriefing Team:** Presenter: Commander Don Terry, Elmhurst Police Department. Midwest Security & Police Conference. August 18, 2015 (1.5 hours).

**Body-Worn Camera Training:** Presenters: Michael Alsup, Marc Buslik, Heather Daniel, Paul Farber, Nicholas Kalfas, Jonathan Lewin, Ralph Price, Cara Smith, Jason Williamson, Jeff Wooten, Don Zoufal. Illinois Association of Chiefs of Police. Buffalo Grove, Illinois. August 4<sup>th</sup>, 2015. (4 hours).

Shift Wellness, Supporting Heroes in Mental Health Foundational Training- Helping those exposed to child pornography and the mental health professionals who help them:

Presenters: Jean McAllister, MSW and Anthony Maez, Internet Crimes Against Children (ICAC)

Commander, Office of Juvenile Justice and Delinquency Prevention. Brookfield, Illinois. June 29, 2015. (6 hours).

**Preparing For and Responding to the Boston Marathon Bombing:** Presenter: Daniel Linskey, former Boston Superintendent of Police. Illinois Association of Chiefs of Police, Annual Training Conference and Installation, "21 Century Policing" Wheeling, Illinois. June 13, 2015 (6 hours).

**Use of Force Issues**: Presenter: Chief Tim Janowick, Mount Prospect Police Department. Illinois Association of Chiefs of Police, Annual Training Conference and Installation, "21<sup>st</sup> Century Policing" Wheeling, Illinois. June 12, 2015. (1.5 hours).

**Peeling the Onion**: Strategies to Correct a Problem Plagued Department: Presenter: Chief Bill Kushner, Des Plaines Police Department. Illinois Association of Chiefs of Police, Annual Training Conference and Installation, "21<sup>st</sup> Century Policing" Wheeling, Illinois. June 12, 2015. (1.5 hours).

**Training, Legal Update: Recent Court Cases and its effects on law Enforcement:** presenter: Donald Zoufal. Illinois Chiefs of Police, Annual Training Conference and Installation, "21<sup>st</sup> Century Policing" Wheeling, Illinois. June 14, 2015. (3 hours).

**Teaching A Taboo Subject: When A Child Dies,** Presenter: Dr. Anne Bisek, Police Psychologist. ILEETA Conference & Expo. Wheeling, Illinois, April 21, 2015 (1.25 Hours).

**Mental Health and Wellness:** Presenters: John Marx, John St. Hillaire, ILEETA Conference & Expo. Wheeling, Illinois. April 21, 2015 (1.25 Hours).

**Police Suicide Awareness and Suicide Prevention**: Presenter: Dr. John Nicoletti, Police Psychologist. The Hyatt Lodge, Oakbrook, IL. (4 hours)

**The Executive Chief Roundtable-Police Officer Suicide:** Presenter: John Violanti, PhD. Research Professor, University of Buffalo-State University of New York. International Association of Chiefs of Police (IACP), Orlando, Florida. October 27, 2014 (2 hours)

A Chief's Role in Improving Homicide Investigations and Increasing Clearances; Presenters: David Carter PhD. Director Intelligence Program Michigan State University, Vince Davenport, Major, Kansas City Police Department. Eric English, Deputy Chief of Operations, Richmond Police Department, VA. Craig Howard, Assistant Chief of Police, Landover, MD. Michael Medaris, Senior Policy Advisor (Ret.) Tallahassee FL., Cornelia Sorenson-Sigworth, Senior Advisor, US Department of Justice. Washington, DC. International Association of Chiefs of Police, (IACP), Orlando, Florida. October 27, 2014 (1.5 hours)

**Current Issues in Police Psychology:** Presenters: Gary Fischler, PhD, ABPP, Psychologist, Minneapolis, MN. Brian Mangan, Psy.D. Psychologist. Miami Florida. International Association of Chiefs of Police (IACP) Orlando, Florida. October 27, 2014 (2 hour)

Officer Suicide Initiative; Presenters: Joel Fay Psy.D. ABPP Clinical Director, First Responder Support Network, Ian Hamilton, Project Manager, Center for Officer Safety and Wellness, Virginia Hayes, PhD. Montgomery County Police Department, Rockville MD, Deborah Spence, US Department of Justice, Washington, DC and Beau Thurnauer, Deputy Chief of Police, East Harford, CT. International Chiefs of Police Conference (IACP) Orlando, Florida. October 26, 2014 (1 hour)

Research versus Informed Opinion: Which Characteristics Identify Successful Officer Performance? Presenter: Robin Inwald PhD., ABPP, Director (retired), Inwald Research, Cleverdale, NY. International Association Of Chiefs of Police (IACP) Orlando, Florida. October 26, 2014 (1.5 hours)

**If I Dodged a Bullet, Why am I Bleeding? Manifestations of Exposure Trauma in Emergency Responders Who Do Not Have Post Traumatic Stress Disorder:** Presenter: Mark Zelig, PhD. ABPP, Forensic Psychologist, Alta Psychological Services, Cottonwood Heights, UT. International Association of Chiefs of Police (ILACP) Orlando Florida. October 26, 2014 (1 hour)

**Operational Psychology: Duties and Responsibilities:** Presenters; Scott Allen, PhD., Michelle Gelles, Psy.D. ABPP, Kris Mohandie, PhD. ABPP. International Association of Chiefs of Police Conference (IACP) Orlando, Florida. October 26, 2014 (1 hour)

A Police Officer's Attentional Processes in an Officer Involved-Involved Shooting or Force Encounter; Presenter: William Lewinski PhD. Executive Director, Force Science Institute, Limited, Mankato, MN. International Association of Chiefs of Police (IACP) Orlando Florida. October 25, 2014 (1 hour)

**Threat Assessment: Evaluating Risk of Targeted Violence;** Presenter: Kris Mohandie, PhD., ABPP, Police Psychologist, Pasadena Ca. International Chiefs of Police (IACP) Orlando, Florida. October 25, 2014 (1 hour)

The State of Florida v. Casey Anthony: A Case Study of A Complex Missing Person and Murder Investigation; Presenter: Major Ron Stucker, Orange County Sheriff's Office. International Chiefs of Police Conference (IACP) Orlando, Florida. October 25, 2014 (2 hours)

**Legal Updates: Police Psychological Services Section 2014**; Presenter: Martin Mayer., Partner, Jones and Mayer, Fullerton Ca. International Chiefs of Police Conference (IACP) Orlando, Florida. October 25, 2014 (1 hour)

**Failures In Investigations**; Presenter: Byron Boston, trainer, and undercover officer. Professional Law Enforcement Training (PLET) Skokie Police Department, September 19, 2014 (8 hours)

**Violent Perceptions: Understanding Body Signs That Can Lead To Violence;** Presenter: Robert Rail, author, instructor, trainer. Midwest Police and Security Conference, August 20, 2014 (1 hour)

**Lessons Learned: Sandy Hook School Shooting**; Presenter: Chief Douglas Fuchs, Redding Connecticut Police Department, Illinois Chiefs of Police, 2014 Training Conference and Installation, June 21, 2014 (3 hours)

Visions of Courage: Relevant Messages about Teamwork, Courage, Strength, The importance of Family and in-the-line-of-duty incidents; Presenter: Dr. Bobby Smith, Illinois Chiefs of Police, 2014 Training Conference and Installation, June 21, 2014 (3 hours)

**All Hazards- Critical Incident Responses Guidelines;** Presenters: Homeland Security Committee- ILACP, 2014 Training Conference and Installation, June 21, 2014 (1 hour)

Enhancing Partnerships Between Law Enforcement and Health Care. The Emergency Department and Child Abuse Cases; Presenter: Mark Cichon, DO; Emergency Medicine Department Chair, Assistant Professor of Surgery, Stritch School of Medicine, June 4, 2014 (.75 hour)

Enhancing Partnerships Between Law Enforcement and Healthcare. Illinois New Concealed Carry Law and Law update; Presenter: Daniel Groth, Supervising Assistant State's Attorney, Fourth Municipal Court District, Maybrook, Illinois, June 4, 2014 (.75 hour)

**Active Shooter Exercise-Addressing Workplace Violence/Police procedures.** Presenters: Loyola Sergeant Katie Rabs and Loyola Security Officer Toccara James. June 4, 2014 (.75 hour)

**New Frontiers in Law Enforcement: Emotional Wellness;** Presenter: John Marx, International Law Enforcement Educators and Trainers Association (ILEETA), March 25, 2014 (1.75 hours)

**Law Enforcement Physical Fitness: Don't Cop Out;** Presenter: Mark St. Hilaire, International Law Enforcement Educators and Trainers Association (ILEETA), March 25, 2014 (1.75 hours)

Police Executive Role in the 21<sup>st</sup> Century-Management's Role in Keeping Good People Good; Presenter: Jack Harris LPC, M.Ed., Illinois Law Enforcement Training and Standards Board-Executive Institute, March 18<sup>th</sup> 2014 (6 Hours)

**Legal and Ethical Issues in Mental Health;** Presenter: Phillip Resnick, M.D. Specialized Services, Inc., November 19<sup>th</sup> 2013 (7 hours)

**Current Issues in Police Psychology;** Presenters: Heather McElroy, Ph.D., ABPP, Stone, McElroy & Associates; Mark J. Kirschner, Ph.D., Behavioral Health Consultants, LLC; October 21<sup>st</sup>, 2013 (2 hours)

Using Acceptance and Commitment Therapy (ACT) with Mental Imagery and Movement to Construct and Treat Dynamic Expectations of Trauma Memories in Police Officers Suffering With PTSD: Presenters: Frank J. Gallo, Ph.D., Associate Professor, Western New England University, Director of Policing Master's Program. Cranston, RI Police, Retired Clinical Psychology Fellow, Brattleboro Retreat; October 20<sup>th</sup>, 2013 (1 hour).

Counseling Cops: What Clinicians and Police Chiefs Need to Know; Presenters: Ellen F. Kirschman, Ph.D.; Joey Fay, Psy.D. ABPP; Mark D. Kamena, Ph.D., ABPP, First Responders Network, Inc., October 20<sup>th</sup>, 2013 (1 hour).

**Treat Dynamic Expectations of Trauma Memories in Police Officers Suffering With PTSD;** Presenters: Frank J. Gallo, Ph.D., Associate Professor, Western New England University, Director of Policing Master's Program. Cranston, RI Police, Retired Clinical Psychology Fellow, Brattleboro Retreat; October 20<sup>th</sup>, 2013 (1 hour).

The Time Has Come for Electronic Recording of Pre-employment and Fitness For Duty Evaluations; Presenter: Mark Zelig, Ph.D., ABPP, Alta Psychological Services, October 20<sup>th</sup>, 2013 (1 hour)

**Are We Protecting Those Who Protect Us: Stress and Law Enforcement in the 21**<sup>st</sup> **Century;** Captain Jennifer D. Griffin, Ph.D., Delaware State Police, October 20<sup>th</sup>, 2013 (1 hour)

Preparing Officers for the Psychological Impact of Large-Scale and Lengthy Operational Events: Case Studies from Labor Disputes, Protests and Other High Profile Extended Events; Presenters: Captain Michael A. Spochart, United States Capitol Police; Deputy Chief Daniel Blackdeer, Wisconsin State Capitol Police Department; Evan M. Axelrod, Psy.D., ABPP, Nicoletti-Flater Associates; October 20<sup>th</sup>, 2013 (1 hour)

Advances in Increasing the Professionalism of Police and Public Safety Psychology: A New Era of Recognition and Responsibility; Presenters: Shelley W. Spilberg, Ph.D., California Commission on POST; David M. Corey, Ph.D., ABPP, Corey & Stewart, Consulting Psychologists, October 19<sup>th</sup>, 2013 (1 hour)

**Too Much Too Ugly: Psychological Responses to Three Mass Causality Shootings;** Presenters: Kevin J. Jablonski, Ph.D., Chief Police Psychologist, LAPD; Mark J. Kirschner, Ph.D., Behavioral Health Consultants,

LLC; John Nicoletti, Ph.D., ABPP, Nicoletti-Flater Associates; Chief Daniel J. Oates, Aurora Police Department, October 19<sup>th</sup>, 2013 (1 hour)

**Legal Update for Law Enforcement Psychologists;** Presenters: Marty Mayer, Esq., Law Offices of Jones & Mayer, Fullerton, California, and Wayne W. Schmidt, Esq., Director, AELE, Law Enforcement Legal Center, Park Ridge, Illinois, October 19<sup>th</sup>, 2013 (1 hour)

Reasoning Errors in Ethical Decision making: IACP-PPSS Ethics Committee Presentation; Presenters: Gary Fischler, Ph.D., ABPP, Ethics Committee Chair, GFA Consulting & Forensic Psychologists; Paul P. Detrick, Ph.D., ABPP, Florissant Psychological Services; John H. Moss, Ph.D., ABPP, Private Practice; Lorraine W. Greene, Ph.D., ABPP, Private Practice; Michael A. Leland, Psy.D., CRC, Northwest Occupational Medicine Center; John F. Warren, Ph.D., ABPP, PA-C, The FMRT Group; Casey Stewart, Psy.D., ABPP, Corey & Stewart, Consulting Psychologists; October 19<sup>th</sup>, 2013 (4 hours)

The International Association of Chiefs of Police: Police Psychological Services Section; Presenters: Emory A. Plitt, Jr., Wayne W. Schmidt, Esq., Martin J. Mayer, Esq., Gary L. Fischler, Ph.D., Michael P. Comer, Ph.D. Byron Greenberg, Ph.D., Casey O. Stewart, Psy.D., Mark Zelig, Ph.D., ABPP, Matthew Guller, J.D., Ph.D., Guillermo Gallegos, Ph.D. LaMaurice H. Gardner, Psy.D., Sergeant Carrie Schulz, Dorothy Cotton, Ph.D., Yossef S. Ben-Porath, Ph.D., David M. Corey, Ph.D., ABPP, Gerald Sweet, Ph.D., Jocelyn E. Roland, Ph.D., October 2013 (16 hours)

**Training Presentation: The Importance of Planning for When Bad Things Happen;** Jack Harris, LPC, M. Ed., Illinois Association of Chiefs of Police, Downers Grove, Illinois, June 22<sup>nd</sup>, 2013 (6 hours)

**Police Suicide;** Terry Hillard, retired Superintendent, Chicago PD, and Co-founder of Hillard-Heintze, Illinois Association of Chiefs of Police, Downers Grove, Illinois, June 21<sup>st</sup>, 2013 (1.5 hours)

**Use of the MMPI-2-RF in Police & Public Safety Assessments;** Presenter: Yossef S. Ben-Porath, Ph.D., ABPP, American Academy of Forensic Psychology, Chicago Illinois, April 21, 2013 (7 hours)

**Psychological Fitness-for-Duty Evaluations;** Presenter: David Corey, Ph.D., ABPP, American Academy of Forensic Psychology, Chicago, Illinois, April 20<sup>th</sup>, 2013 (7 hours)

**Fundamentals of Police and Public Safety Psychology;** Presenter: Philip Trompetter, Ph.D., ABPP, American Academy of Forensic Psychology, Chicago, Illinois, April 17<sup>th</sup>, 2013 (7 hours)

**Revolutionizing Diagnosis & Treatment Using the DSM-5;** Presenters: David Mays, M.D., Ph.D., CMI Education Institute, 2012 (6 hours)

**The Nuts and Bolts of Legal and Ethical Practice;** Presenters: Edward Zuckerman, Ph.D., Premier Education Solutions, 2011 (6 hours)

The International Association of Chiefs of Police: Police Psychological Services Section; Presenters: Emory A. Plitt, Jr., Wayne W. Schmidt, Esq., Martin J. Mayer, Esq., Gary L. Fischler, Ph.D., Michael P. Comer, Ph.D., Byron Greenberg, Ph.D., Casey O. Stewart, Psy.D., Mark Zelig, Ph.D., ABPP, Matthew Guller, J.D., Ph.D., Stephen P. Griffin, Psy.D. October 22-24, 2011 (11 hours)

Malingering and Forensic Practice: Conceptual Issues and Clinical Methods; Presenter: Richard Rogers, Ph.D., American Academy of Forensic Psychology, 2011 (6 hours)

**Risk Assessment & Mental Status Exam;** Presenter: Brooks Baer, M.A., LCPC., Premier Education Solutions, 2010 (6 hours)

**Developments in 21**<sup>st</sup> **Century Neuroscience: Implications for Clinical Psychology; Presenter**: Eliezer Schwartz, Ph.D., Argosy University, Chicago, American School of Professional Psychology, 2010 (1.5 Hours.)

Treating Trauma Survivors: Prolonged Exposure Therapy Training for PTSD with a Focus on Our *Returning Warriors;* Presenters: Paula Domenici, Ph.D. and Jenna Ermold, Ph.D. Presented by the Center for Development Psychology, Military One and DuPage Medical Group, 2008 (21 hours)

Aging and Cognition: The Maze of Assessment, Differentiation, and Intervention Management; Presenter: William Cone, Ph.D., Health Education, 2008 (6 hours)

**Investigating Computer Facilitated Crimes Against Children;** Presenter: Robert Farley, M.S., John Reid and Assoc., 2007 (7 hours)

Managing Threats: Reducing the Risk of Violence; Presenters: Frederick Calhoun, Ph.D. and Stephen Weston, J.D., Specialized Training Services, 2005 (14 hours)

**Violence Risk and Threats Assessments;** Presenter: Reid Meloy, Ph.D., ABPP, Specialized Training Services, 2005, (14 hours).

A Look into the Heart and Mind of the Radical Islamic Terrorist; Illinois Tactical Officers Association; Presenter: Federal Bureau of Investigation, Special Agent Nadeem Nasrallah, 2005 (2.5 hours)

**Practical Homicide Investigations** — **Tactics, Procedures and Forensic Techniques;** Presenter: Vernon J. Geberth, M.S., M.P.S., B.B.A., FBINA, Lieutenant Commander (ret.) New York City Police Department, Bronx Homicide Task Force, 2003 (24 hours)

SCAN — Scientific Content Analysis — Detection of Deception in Offender, Victim and Witness Statements; Presenter: Avinom Sapir, M.A., Israeli Police Department (ret.), Laboratory for Scientific Interrogation, 2002 (32 hours)

The Advanced Course on the Reid Technique of Interviewing and Interrogation; Presenters: Mike J, Adamec, CRT and Michael Masokas, CRT, M.S., 2002 (6 hours)

**The Reid Technique for Interviewing and Interrogation;** Presenters: Mike J, Adamec, CRT and Michael Masokas, CRT, M.S., 2002 (18 hours)

**Investigative Processes**; *Presenters*: Sgt. Mike Smith, Chief Bruce Johnson, M.S., and Sgt. George Filenko, M.S., Harper College, 2002 (48 hours)

**Legal and Ethical Risk Management in Professional Psychological Practice;** Presenter: Eric A. Harris, Ed.D., J.D., 2002 (6 hours)

**Forensics** — **Crime Scene Investigations;** Presenters: Sgt. Mike Smith, Chief Bruce Johnson, M.S., and Sgt. George Filenko, M.S., Harper College, 2002 (48 hours)

**Innovations in Clinical Interviewing;** Presenter: Shawn Shea, MD, Specialized Training Services, 1998 (7 hours.)

**Advanced Sexual Offender Profiling — Behavioral Analysis of Violent Crime Scenes;** Presenter: Roy Hazelwood, M.S., FBI (ret.), Specialized Training Services, 1995 (14 hours)

Panic and Phobic Disorders: An Integrated Approach to Treatment; American Healthcare Institute, 1995 (7 hours)

**Contemporary Applications of Directive Therapy with Adolescents and Young Adults;** Presenter: Jay Haley, Ph.D., 1995 (5.5 hours)

**Sexual Violence: Perpetrators and Victims;** Presenter: **Roy Hazelwood,** M.S., FBI (ret.), Specialized Training Services, 1994 (14 hours)

**Criminal Profiling, Specialized Training Services;** Presenter: **Robert Ressler,** M.S., FBI (ret.), Specialized Training Services, 1993. (14 hours)

Marla Friedman, Psy.D. Police Psychologist April 20, 2020

#### **PUBLICATIONS**

Friedman, Marla, Psy.D. PC and Dr. Olivia Johnson: How to Stop the Perfect Deadly Storm. In Law Enforcement Magazine. July 24, 2019

Friedman, Marla, Psy.D. PC, Facing the Horrors Inside: Introduction to Prolonged Exposure. In Public Safety and PoliceOne. February 28, 2018.

Friedman Marla, Psy.D, PC, Interview with the Chief of Police: Chief Gary Schira Command Magazine, Volume 28, Issue 1. February 2018

Friedman, Marla, Psy. D. PC, Taking the First Steps to Healing from PTSI. In Public Safety and PoliceOne. January 4, 2018.

Friedman, Marla Psy.D. PC. Becoming A Psychological Investigator When No One Asked Me To. "Inside Police Psychology" October 24, 2016 Editor: Dr. Gary Aumiller.

Friedman, Marla Psy.D. PC, 75<sup>th</sup> Anniversary Interview, Chief of Police (RET.) Chuck Gruber, Past President (1982) Command Magazine- The Official Publication of the Illinois Chiefs of Police. November 2016. Volume 26 Issue 4

Friedman, Marla Psy.D. PC, Bring A Buddy-A Bridge from Peer Support to Psychotherapy. The ILEETA JOURNAL, Volume 6, Edition 2. Pages 35-36.

Friedman, Marla Psy.D. PC, "The Short List of Human Problems," "How to Survive A Professional Ambush" and "Bring A Buddy." Policepsychologyblog.com. Gary Aumiller, Editor. Multiple dates, 2015, and 2016.

Friedman, Marla, Psy.D. PC, Chiefs Lead the Way: A Top Down Approach to Addressing Police Trauma and Suicide. THE POLICE CHIEF-The Professional Voice of Law Enforcement, International Association of Chiefs of Police. "The Great Ideas Issue," September 2015.

Friedman, Marla, Psy.D. PC, Interview with the Chief of Police-Chief Harold Masse, Command Magazine-The Official Publication of the Illinois Chiefs of Police, Summer 2015.

Friedman, Marla, Psy.D. PC, "Hey Doc" column: Working on Automatic Loss of FOID Card. COMMAND Magazine-The Official Publication of the Illinois Association of Chiefs of Police- Spring 2015.

Friedman, Marla Psy.D. PC, Interview with the Chief of Police. Chief Anthony Grootens, COMMAND Magazine-The Official Publication of the Illinois Chiefs of Police. Spring 2015.

Pang, A., Friedman, M., O'Hara, A. Clark, R. This Retired Police Officer Shot His Own Daughters and Himself: Why? Murder-suicide sheds light on a little known, yet dangerous problem in police culture. The Epoch Times. March 13, 2015, New York City.

Friedman, Marla, Psy.D. (2015, February) "Hey Doc" column: Illinois Chiefs Presented "Chiefs Lead the Way" at The International Chiefs of Police Convention. COMMAND Magazine-The Official Publication of the Illinois Chiefs of Police. Winter Issue 2015.

Friedman, Marla, Psy.D. Interview with the Chief of Police. Chief Robert Copley, COMMAND Magazine- The Official Publication of the Illinois Chiefs of Police. Winter Issue 2015.

Friedman, Marla, Psy.D. "Hey Doc" column: As Always, Chiefs Lead the Way. COMMAND Magazine-The Official Publication of the Illinois Chiefs of Police Summer Issue, 2014.

Friedman, Marla, Psy.D, Interview with the Chief of Police. Chief Brendan Heffner, COMMAND Magazine. Summer Issue, 2014.

Friedman, Marla, Psy.D. (2014, May). Interview with The Chief of Police. Chief John R. Holm, COMMAND Magazine. Spring Issue, 2014.

Friedman, Marla, Psy.D. (2014, May). "Hey Doc" column: A Question of Suicide. COMMAND Magazine-The Official Publication of the Illinois Chiefs of Police. Spring Issue, 2014.

Friedman, Marla, Psy.D. (2014, February) How Chiefs of Police and Psychologists can Work in Tandem to Support the Goals of Public Safety- The Operations Domain. ILACP Bulletin, Vol. 2014 No. 5.

Friedman, Marla, Psy.D. How Can an Investigative Psychologist Assist the Police without Annoying the Heck out of Them? COMMAND Magazine, 22(4), 29-30.

## **RESPONDENT BACKGROUND**

Dr. Marla W. Friedman, Psy.D. PC 301 West Roosevelt Road Suite B2 Wheaton, IL 60187

Incorporated in Illinois January 1, 2004

Designated account executive: Dr. Howard K. Weissman, Psy.D. PC, Chief Psychologist and Clinical Director at the Chicago Stress Relief Center Inc. 1440 Techny Road, Northbrook, IL 60062 Phone: (847-412-0922)

Alternate account executive: Jada Hudson, MS, LCPC, CADC Hudson Counseling Center 263 Main Street Sugar Grove, IL 60554 630-386-9038

Dr. Howard Weissman is the Chief Psychologist and Clinical Director at The Chicago Stress Relief Center Inc. in Northbrook IL. He has provided traumatic stress recovery services to both retired and active duty military and police officers since 1993. He is a Licensed Psychologist with a specialization in mind/body health and is a board-certified expert in the treatment of traumatic stress. Dr. Weissman graduated from the Illinois School of Professional Psychology in 1991. At that time he also completed a specialization program in Health Psychology. He has published articles in both sleep and headache research. His professional experience includes a position as staff psychologist at Illinois Masonic Medical Center in Chicago (January 2005-February 2007). He currently provides psychotherapeutic services to individuals, couples and families. He sees victims of stalking, domestic violence and victims of animal attacks. He provides forensic evaluations for PTSD and OCD as well as trains and supervises doctoral level students. Dr. Weissman provides Pro Bono consultation services on cold cases and works with crime scene investigators and local Chiefs of Police. He is actively involved in the "Chiefs Lead The Way" program, which is a national program for mental health and suicide prevention for first responders. He can be reached at 847-412-0922.

Jada Hudson, M.S., LCPC, CADC is a clinically trained therapist based out of Sugar Grove, Illinois. She has her Master's in Clinical Psychology and 20+ years of experience counseling men, women, children, and first responders. She specializes in first responder substance abuse, pediatric death, and trauma/PTSD.

Jada is a national trainer in first responder emotional wellness. She develops presentations for firefighters, law enforcement, nurses, dispatch, and other emergency workers, as well as for first responder leaders and counselors. She frequently publishes articles in first responder magazines. She has had the privilege of training groups including the Illinois State Police in Springfield, IL, the National Fire Academy, the Fire Department Instructor's Conference (FDIC), and Mutual Aid Box Alarm System (MABAS), along with countless fire and police department around the country!

She has done numerous ride-a-longs with both firefighters and police and has received in-depth training in substance abuse, pediatric death, resiliency, and trauma/PTSD from some of the most respected leaders in the field of Clinical Psychology. Jada is a Certified Alcohol and Drug Counselor and has trained extensively in first responder substance abuse, including serving at a first responder inpatient recovery center. She worked in a hospital setting with terminally ill children and has done extensive study in the field of pediatric death in first responder situations. Jada has heavily trained in first responder trauma and PTSD and uses the treatment endorsed by the Department of Defense known as Accelerated Resolution Therapy (ART) to help first responders resolve trauma and heal.

She has earned her certification as a Recovery Coach from Governor's State University and as a CADC (Certified Alcohol and Other Drug Abuse Counselor) from the Illinois Alcohol and Other Drug Abuse Professional Certification Association, Inc. Jada has served with the Illinois Fire Service Institute's Wellness Curriculum Committee, Operation Shattered Stars, Illinois Firefighter Peer Support, the Village of Sugar Grove Mental Health Board, and the Police Psychological Service Committee for the Illinois Association of Chiefs of Police.

At her practice, Hudson Clinical Counseling, Jada currently serves patients experiencing anxiety, depression, substance abuse, suicidal ideation, trauma, occupational stress, PTSD, grief/loss, divorce, cancer, and retirement/career transitions.

#### PROPOSED SCOPE OF SERVICE

I began working in my chosen field of mental health many years ago. One of the most important lessons I have acquired from my excellent professors and mentors is learn all you can, always do your best and be ethical. I have practiced with those important sentiments in mind and they have resulted in amazing opportunities and results. I have built a successful practice, began developing programs and curriculum and publishing my work, as well as training hundreds of officers a year locally and nationally.

As such, I will offer a number of possible program styles and you can select what fits your culture. Choose any aspects you feel will have a positive outcome for your department. I always provide individualized programming as flexibility allows for the best overall outcome.

My program is titled, "Building a Healthier Cop"

Initially, and in some of my programs (included for your evaluation) the concept of the voluntary Mental Health Check-in was heavily promoted. As Chairman of Badge of Life (The national leader in educating and training law enforcement in mental health and suicide prevention) we have now changed our stance and believe the *mandatory* Mental Health Check-In is the best way to keep officers healthy and break the stigma about seeking mental health care.

Here are some options and services I am available for:

- 1. The mandatory Mental Health Check-In for the whole department including telecommunicators and support staff.
- 2. I can attend Roll Call to acquaint myself with the department to both reduce anxiety and answer any questions they have about myself and the program. (I am equipped with a mask and gloves for the safety of all.)
- 3. I am available for ride-a-longs to help me understand the departments specific challenges. They can also ask me questions in private.
- 4. Department personnel can see me at my office, 301 West Roosevelt Road. B2 Wheaton IL. 60187 (when the Pandemic is under control and it is safe for everybody to mix with each other.)
- 5. Currently, I am doing Telehealth sessions from my home which are face to face sessions.
- 6. Doxy.me is a Telehealth platform which is as secure as possible and was created for doctors to practice from a distance. Telehealth will be offered going forward to provide flexibility to the officers.

- 7. Most officers who come for the Mental Health Check-in continue on in therapy. That can be in person, by phone or video. I enjoy continuing working with those who come through the Mental Health Check-In protocol.
- 8. In addition, I am available 24/7 for emergency only calls.
- 9. I will provide resources for officers to call Peer Supporters outside of their department by introducing the *We Never Walk Alone* program which offers peer support benefits for officers for a nominal cost to the department.
- 10. I will provide resources to Suicide Hotlines. I am friends and colleagues with many of these organizations.

#### Proposed Schedule of Implementation

Please plan to discuss specifics of the departments current scheduling system and available financial resources based on the Cost Analysis provided. I am able to see officer's from 9:00 am until 10:00pm to provide ease of scheduling for shift bound employees.

Due to the COVID-19 Virus I have suspended all FTO training and teaching at the police academy. This frees up time in these first months allowing me to meet with up to five officer's telecommunicator's or support staff a week. Initially this will be by Telehealth and eventually become in person visits if desired at my Wheaton office. Those preferring Telehealth may do so, especially during late evening hours.

At a slower pace I can see 2-3 people a week as your schedule and needs are expressed. You will choose if they participate on or off duty and I will work around your parameters.

No information will be shared with the department other than attendance. All session content is Protected Health Information, (PHI) and confidential. Basic notes will be taken as dictated by law. Confidentiality is only broken if there is judged to be an actual and imminent threat of harm to self-and/or others.

If insurance is chosen as the method of payment, my office will handle that for each person. It is the officer's responsibility to check their insurance to learn what their deductible and copayment are. I am available to discuss how their insurance works. Most people, including the general population do not understand the details of their policies. Education in this area is important for the Check-Ins as well as any other time their insurance is used for themselves and their family members. I can assist and clarify to your satisfaction.

The department or the officer is responsible for payment of the session, either through their insurance, self-pay or an invoice presented to the department to be paid within 30 days.

Anyone completing the Check-In may continue to attend sessions to discuss any topics including personal matters, family or marital/partner concerns, work related stress or trauma or goal setting in any areas of their lives which are important to them. Continued sessions are usually the financial responsibility of the individual, though the department may offer to pay for a specific amount of sessions at the village's discretion.

FOID issues will be explained in full if requested. The Mental Health Check-in, out-patient therapy, in patient or outpatient for treatment of any addiction does not trigger FOID or the loss of their card or ability to possess a weapon. As this is an area I have worked with the State of Illinois legislature on, I can speak to any anxieties related to this antiquated law.

New Informed Consent, Telehealth Consent, HIPAA Forms are currently being updated across the country and when completed will have to be read and signed by everyone who attends any sessions in the area of mental wellness. In addition, permission to file insurance will streamline the process for everyone attending a session.

Further information required are: Full name, home address, most available phone number, copies of the front and back of their insurance cards, and most reliable e-mail address.

Lead time is flexible. I can begin June 1<sup>st</sup> if the village has made decisions on scheduling and payment options.

All other issues not clarified here can be discussed at any time following the reading of this document.



# Village of Shorewood Police Department

Aaron G. Klima Chief of Police

April 15, 2020

Chief LaDon Reynolds
Oak Park Police Department
123 Madison Street
Oak Park, IL 60302

Chief Reynolds,

I am writing today to enthusiastically recommend Doctor Marla Friedman and her services to your department. One of my officers heard about her program at a training conference and reached out to her for assistance. After a very positive experience, she suggested we schedule Doc Mar to speak to our staff at an in service training. We scheduled her into our mandatory in service sessions and she was remarkably well received. I attended the training myself and felt her no-nonsense, direct to the heart of the matter approach was as genuine as it was infectious. There were many positive comments and I felt the officers were impressed with her simply from lack of cynical banter that usually exists after those types of presentations.

We did not make the "check-ins" mandatory but we are a considering it. I believe that others have indeed contacted her and when I reminded people yesterday about her continuing services remotely, I did hear several positive comments. What I always fear the most is what I don't know that can affect others detrimentally. I believe that those special people out there like Doc Mar are a tremendous asset for those who might otherwise avoid getting help. I have no doubt that if you employ her services, you will not be disappointed and your officers will appreciate the investment.

Respectfully)

Aaron G. Klima Chief of Police

**Emergency Management Director** 

# Field Training Associates Law Enforcement Consultants



2225 Draper Avenue Ypsilanti, MI 48197-4311 (734) 395 – 0361

fieldtraining@mac.com

www.policefieldtraining.com

April 14, 2020

RE: Letter of recommendation — Dr. Marla W. Friedman, Psy.D

Mental Health Professional – Wellness Checks RFP Village of Oak Park, Illinois Police Department

To Whom It May Concern:

I am the President of Field Training Associates, a law enforcement consulting firm which has had the privilege to train the Field Training Unit for Village of Oak Park Police Department since 1983.

I feel exceptionally qualified to provide a recommendation without reservation for Dr. Friedman's response for proposal to provide mental health wellness check services for the Village's Police Department. Dr. Friedman has served as the Chief Psychologist for Field Training Associates since 2015 providing classroom instruction and curriculum content development for a critical module she innovated, *Building a Healthier Cop*<sup>TM</sup>. Dr. Friedman has trained over one thousand Field Training Officer – Master Police Coach candidates as well as Supervisory/Command personnel within our State of Illinois Law Enforcement Training Board certified courses.

Dr. Friedman is the consummate professional, extremely competent, highly ethical and extraordinarily knowledgeable. Her classroom demeanor and straightforward delivery, effective and entertaining immediately places the students at ease as she demystifies critical need-to-know and how-to-follow-through-and-do information and resources on managing the myriad of mental health challenges for law enforcement personnel. Her sincerity and passion for sustaining *healthy cops* is natural — she truly cares not only about the Officers she trains but the need for them to pay it forward with the Probationary Officers who they will train. It is a model unique in the United States and Canada because of Dr. Friedman's expertise and foresight to step in and fill a much need void.

Many of my students who were trained by Dr. Friedman have reached back to me and confidentially/volunteered that they followed-up with a mental health check-in with Dr. Friedman and it made all the difference.

You can fully understand why I am proud to call Dr. Friedman a friend and colleague; I recommend her to the Village of Oak Park's exemplary law enforcement mental health services without reservation. Please feel free to contact me with any questions.

Sincerely,

Bruce A. Sokolove

Richard W. Myers Chief of Police (Retired) 719-325-6665 richardwmyers@gmail.com

To Whom It May Concern,

I am honored and pleased to submit a letter of recommendation for the proposal to the Oak Park Police Department by Dr. Marla W. Friedman, PC. I can think of no better qualified psychologist, nor one who better understands the stresses and distresses of police officers, than Dr. Friedman.

I have known Dr. Friedman for over two years, and have frequent contact with her, as I serve on the Board of Directors for Badge of Life, a 501 ©3 organization whose mission is to strengthen the mental health of our police officers and significantly lower police suicides. Badge of Life is a labor of love for Dr. Friedman; she serves as the Chief Psychologist and for the last two years as the Board Chairperson. Dr. Friedman, no doubt at the expense of her private practice, always is prepared to respond to the call for help, whether it be from an individual police officer or from an agency experiencing a crisis. Last year, when Chicago PD was in the midst of an epidemic of police officer suicides, Dr. Friedman mobilized multiple psychologists and therapists to assist CPD and conducted training for supervisors. I am certain this contributed to the sharp decline in officer suicides in CPD.

I've served as a chief in six states over the last four decades, including four years in Suburban Chicago (in DuPage County). In all my agencies, we had a relationship with a psychologist to assist us in providing training, counseling, and assessment of police officers. In my largest agency, we actually had a staff psychologist on our payroll. None of them had the combination of empathy, occupational insight, and easy rapport that Dr. Friedman possesses. Perhaps it is her participation in training many field training officers across Chicagoland through her association with Field Training Associates, Inc. Perhaps it is her innate concern and care for police officers. Whatever the factors, it is quite sincere, as I have always found Dr. Friedman to be genuine and present.

My only regret is that I didn't get to know Dr. Friedman back in the early 1990's when I was a chief in DuPage County; I would have secured her services in a heartbeat, knowing now what I wish I knew then. I can think of no one better for you to contract for ongoing mental health assessment and assistance for your police officers, especially in this incredibly stressful time that police officers are serving in the most extraordinary circumstances.

I'm available for further information if needed.

Sincerely

Richard W. Myers



### MAYWOOD POLICE DEPARTMENT

POLICE DEPARTMENT

"Village of Eternal Light"

Valdimir Talley, Jr. CHIEF OF POLICE

April 22, 2020

vtalley@maywoodpolice-il.org

Chief LaDon Reynolds
Oak Park, Illinois Police Department
123 Madison Street
Oak Park, Illinois 60302

Dear Chief Reynolds:

Re: Dr. Marla Friedman

I am writing to you today, as well as offering this letter of support, for Dr. Marla Friedman, a volunteer consultant with the Village of Maywood, Illinois Police Department. I have personally known Dr. Freidman for approximately seven (7) years and I have found her to be a wonderful individual who is always attentive to her duties and acts as a champion for law enforcement. She has been an outstanding non-paid employee for our great Village, and she is applying for a position with the Oak Park Police Department.

Dr. Friedman has been assisting our Village with the assassination investigation of Maywood Officer Tom Wood. In a professional capacity, Dr. Friedman reviewed elements of the Wood case to help with developing investigative leads. I became aware of Dr. Friedman from the former Maywood Police Chief, Timothy Curry, but I soon became aware Dr. Friedman and her work with the Illinois Association of Chiefs of Police (ILACP). In fact, I believe she was responsible for originating the idea for "Chiefs Lead The Way," a program designed to look at officers mental health and encouraging police executives to be a worth of example.

As a professional, Dr. Friedman was always positive while she worked with members of my executive staff, as well as law enforcement agencies from Federal and State jurisdictions. She continues to impress me with her clinical strengths, integrity, and dedication within and toward law enforcement activities. Her application for a position with the Oak Park Police Department is just another example of her desire to support law enforcement missions. These are traits of excellence I have observed in Dr. Friedman.

Personally, Dr. Friedman has charm, wit, is sincere and personable, and has been a pleasure to work with as a Departmental consultant. I have no doubt she will be an asset to your agency in whatever position she submits application.

I ask for your consideration and acceptance of this letter as both a reference and of recommendation for Dr. Marla Friedman. Please contact me (708)450-4461, if you require additional information.

Respectfully,

Valdimir Talley, Jr. Chief of Police

Ms. Clara Pavlicek, Village Manager Village of Oak Park 123 Madison Street Oak Park, Illinois 60302

Dear Ms. Pavlicek:

I write in support of the application of **Dr. Marla W. Friedman**, **Psy. D.** as a Mental Health Specialist for the Village of Oak Park, Illinois. By manner of introduction, I am the Reverend David Wells, Assistant Priest at the Episcopal Cathedral of Saint Paul the Apostle in Springfield and a Chaplain with the Illinois State Police. I was ordained in 2016, "a second career priest," having spent forty-four years in a law enforcement career at various levels of management in county and state agencies. I met Dr. Friedman in 1996 while I was the Deputy Chief Inspector General for Cook County Government, also serving in roles with the International Association of Chiefs of Police and the Illinois Association of Chiefs of Police. I subsequently continued my career as an Executive Inspector General for the State of Illinois, retiring in 2015.

During my professional association with Dr. Friedman, she was a reliable expert and a great source of salient information concerning 'mental health issues' facing law enforcement. She developed the "Chiefs Lead the Way" program and went chief to chief on her own dime and time to explain the importance of good mental health and how to prevent suicides, which were not spoken about at the time. She has worked tirelessly to educate and train law enforcement to change the culture and break the stigma about seeking help *before you need it* through the use of the Mental Health Check-In.

She has assisted law enforcement managers nationally as they faced these topics. Mental health issues had not yet become the recognized topic in public safety as they are today. Dr. Friedman was an early spokeswoman for this cause. I also have found Dr. Friedman to be down to earth and easy to relate to. Her sense of humor puts everyone at ease. She is well-known for treating everyone fairly and is professional in all her endeavors. Her values, integrity and ethics, are always at the forefront of any decision she makes. These attributes are lacking in many professions today. Her relaxed style, and ease with her patients has opened the door to some who feared even talking about the things that bothered them. Her knowledge education and training have produced a mental health professional who should be the model for those who are just starting their careers. She serves as a mentor for many who want to become proficient in the mental health field.

I conclude by giving Dr. Friedman my highest recommendation for this position, without any reservation. Should you need clarification, kindly contact me at any time. My cell phone is: 217-993-1044.

Peace,

### **E-Mail Addresses of References**

Chief Aaron Klima: <u>aklima@vil.shorewood.il.us</u>

Bruce Sokolove: <a href="mailto:fieldtraining@mac.com">fieldtraining@mac.com</a>

Chief Richard Myers: <a href="mailto:richardmyers@gmail.com">richardmyers@gmail.com</a>

Chief George Filenko: <a href="mailto:gfilenko@rlpil.com">gfilenko@rlpil.com</a>

Chief Val Talley: <a href="mailto:vtalley@maywoodpolice-il.org">vtalley@maywoodpolice-il.org</a>

Chief Tom Roman: <a href="mailto:twr2005@comcast.net">twr2005@comcast.net</a>

Fr. David Wells: <a href="mailto:davewells99@yahoo.com">davewells99@yahoo.com</a>

Chief Dave Summer: <a href="mailto:dsummer@fvpd.net">dsummer@fvpd.net</a>



## Attachment I. Cost Proposal Form

A respondent shall state as part of its proposal a written description of its quality assurance method to be utilized to ensure proper indexing of all documents.

Provide cost proposal based on the proposed operations schedule under Section II in the space provided below:

There are several options to consider when providing cost projections. As a senior psychologist, (41 years of direct clinical experience.) My rate is \$200.00 per session when paying by cash or check. Some officers have insurance but don't want to use it because of the stigma of seeing a mental health professional. By making it mandatory it takes the stigma away because everyone has to go. The same as a yearly physical, dental appointment, or an exercise and healthy food plan. It just makes sense to include the emotional wellness side. It is "weaponry maintenance." Your brain and emotions are the best weapons your officers have. Keep them sharp.

That would be a yearly outlay of 121 x \$200.00 equaling \$24,200.00 yearly, which your department may or may not be able to afford. Even in the best of times, the police are given the short end of the stick. Now with the effects of COVID-19 budgets are even tighter, however, the need to have a Mental Health Check-In is *more* important than ever. The full rate is better for the psychologist because the insurance company only pays about 60 % of the billed rate. Still, I do *not* recommend paying the full rate If we can explore some other options. I have been vetted by BC&BS PPO and am on their panel of providers. This means after the officer meets their deductible, they only pay a co-pay which is typically 20-40 dollars. Please find out what plan you purchased and how much your current deductible is. We can then have a more accurate and realistic view of your yearly costs. Some employers even pick-up the cost of the co-pay, some don't. My office manager can research this information if you need assistance in this area.

Here is an example for those who have the PPO. If their co-pay is 20.00 dollars that would cost  $20.00 \times 121 = 2,420$  a *major* cost difference. A 30.00-dollar copay would be, 30.00  $\times 121 = 3,630.00$ . A 40.00-dollar copay would be, 4,840.00. Some villages pick-up the costs of the co-pay as for an incentive as officers may still be hesitant to go, even if it is mandatory. Some departments don't. You should know that 95% of the officers I have seen for the check-In stay for therapy. At that point, they can pick up their co-pay.

Blue Cross& Blue Shield *HMO* is a different plan with lower rates and poorer options for medical care. This is often chosen by younger officers because of the lower premiums. However, it is difficult to find talented mental health service providers who take HMOs. Usually, they are taken by early career psychologists who are just trying to build and maintain a practice. So, you can pay the full fee for those on HMOs. Please let me know how many are in that plan. It's usually much fewer than on the PPO plans and added up with the reduced fee using insurance may be affordable. I am available to discuss all options.

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# Attachment II. Compliance Affidavit

M	Marya W. Fryskman PC being first duly sworn on oath depose and state as follows:
	(Print Name)
1.	l am the (title) of the Proposing Firm ("Firm") and am authorized to make the statements contained in this affidavit on behalf of the Firm.
2.	The Firm is organized as indicated on Exhibit A to this Affidavit, entitled "Organization of Proposing Firm," which Exhibit is incorporated into this Affidavit as if fully set forth herein.
3.	I have examined and carefully prepared this proposal based on the Request for Proposals and verified the facts contained in the proposal in detail before submitting it.
4.	I authorize the Village of Oak Park to verify the Firm's business references and credit at its option.
5.	Neither the Firm nor its affiliates¹ are barred from proposing on this project as a result of a violation of 720 ILCS 5/33E-3 or 33E-4 relating to bid rigging and bid rotating, or Section 2-6-12 of the Oak Park Village Code related to "Proposing Requirements".
6.	Neither the Firm nor its affiliates is barred from contracting with the Village of Oak Park because of any delinquency in the payment of any debt or tax owed to the Village except for those taxes which the Firm is contesting, in accordance with the procedures established by the appropriate revenue act, liability for the tax or the amount of the tax. I understand that making a false statement regarding delinquency in taxes is a Class A Misdemeanor and, in addition, voids the contract and allows the Village of Oak Park to recover all amounts paid to the Firm under the contract in a civil action.
7.	I am familiar with Section 13-3-2 through 13-3-4 of the Oak Park Village Code relating to Fair Employment Practices and understand the contents thereof; and state that the Proposing Firm is an "Equal Opportunity Employer" as defined by Section 2000(E) of Chapter 21, Title 42 of the United States Code Annotated and Federal Executive Orders #11246 and #11375 which are incorporated herein by reference.
8.	All statements made in this Affidavit are true and correct.  Signature:    All statements made in this Affidavit are true and correct.    Printed Name   Mav   a W. Friedman   Printed Name   Mav   a W. Friedman   Printed Name   Name
	Name of Business: 20 W. Fulman Ryour Title: Provident
	Business Address: 301 West Reservelt Rd, B2 Wheath 16 60187
	(Number, Street, Suite #) (City, State & Zip)

Affiliated means: (i) any subsidiary or parent of the bidding or contracting business entity, (ii) any member of the same unitary business group; (iii) any person with any ownership interest or distributive share of the bidding or contracting business entity in excess of 7.5%; (iv) any entity owned or contracting business entity, an executive employee, his or her spouse or minor children of the bidding or contracting business entity.

Telephone 30-5/0-3966 Fax: N. 7	Web Address: N.A.
Subscribed to and sworn before me this	22 day of April 2020.
Notary Public	OFFICIAL SEAL EDDIE M JO NOTARY PUBLIC, STATE OF ILLINOIS MY COMMISSION EXPIRES OCT. 08, 2023



# Exhibit A. Organization of Proposing Firm

	officers are:	Friedman							
		a Friedman							
	Treasurer Mod (	a Friedman							
	The Name and Address	s of its Registered Agent is:	arla W. Friedman f						
	301 West Roosev	elt Road, Svite Ba	Wheaton, iL 60187						
	(Number, Street,		(City, State & Zip)						
		corporate seal. (In the event tha							
1	-	e President, attach hereto a ce							
,	Corporate By-Laws or other authorization by the Corporation that permits the person to execute the offer for the corporation.)								
	to execute the offer for								
	to execute the offer for	the corporation.) ontractor is a Partnership operat	ing under the name:						
	to execute the offer for (b) Partnership: The Co								
	to execute the offer for (b) Partnership: The Co	ontractor is a Partnership operat							
	to execute the offer for (b) Partnership: The Co	entractor is a Partnership operat	s of all partners:						
	to execute the offer for (b) Partnership: The Co	ames, addresses and signatures  Address	s of all partners: Signature						
	to execute the offer for (b) Partnership: The Co	ames, addresses and signatures  Address  Address	Signature Signature Signature						
	to execute the offer for (b) Partnership: The Control of the following are the non-name  Name  Name  (Attach additional sheet)	ames, addresses and signatures  Address  Address	Signature Signature Signature						



# Attachment III. M/W/DBE Status

Please fill out their form completely. Failure to respond truthfully to any questions on their form, or failure to cooperate fully with further inquiry by the Village of Oak Park will result in disqualification of proposal. An incomplete form will disqualify your proposal.

1.	Vendor Name:	Marla W. Friedman PC
2.	Check here if yo	ur firm is:
		inority Business Enterprise (MBE) (A firm that is at least 51% vned, managed and controlled by a Minority.)
		omen's Business Enterprise (WBE) (A firm that is at least 51% wned, managed and controlled by a Woman.)
		wned by a person with a disability (DBE) (A firm that is at leas 1% owned
	No	one of the above
(Copie	es of all certification	on letters must be included)
3.	NI	of the firm's current stable work force? umber of full-time employees umber of part-time employee
Signa	ture: Tula	W. July PC
Date:	4-24-1	

## Attachment IV. EEO Report

#### **EEO REPORT**

Please fill out this form completely. Failure to respond truthfully to any questions on this form, or failure to cooperate fully with further inquiry by the Village of Oak Park will result in disqualification of this Bid. An incomplete form will disqualify your Bid.

result in disqualined to the property of the p												
An EEO-1 Report may be submitted in lieu of this report  Vendor Name												
			Total Total Males Females	Males			Females					
Job Categories	Total Employees			Black	Hispanic	American Indian & Alaskan Native	Asian & Pacific Islander	Black	Hispanic	American Indian & Alaskan Native	Asian & Pacific Islander	Total Minorities
Officials & Managers		23										
Professionals			1									
Technicians		0.0							-			
Sales Workers												
Office & Clerical												
Semi-Skilled												
Laborers												
Service Workers												
TOTAL												0
Management Trainees												
Apprentices												
This completed and notarized report must accompany your Bid. It should be attached to your Affidavit of Compliance. Failure to include it with your Bid will be disqualify you from consideration.  Notation of Compliance of Comp												
(Title or Officer)  of And that the above EEQ Report information is true and accurate and is submitted with the intent that it be relied upon.												
Subscribed and sworn to before me this 25th day of / Life , 2020.												
(Signature)  ANTHONY LEWIS Official Seal Notary Public - State of Illinois My Commission Expires Aug 17, 2020												